



An Invitation

TO EXHALE

January Spa Specials

(available Tuesday- Friday)

AFTER-PARTY RECOVERY

\$175*

(Hot Stone Massage 60m)

Wind down and indulge aching muscles with warm Basalt stones to relax your body and transcend into a deep, restorative rest. The warmth of earthly stones intensifies healing, deep relaxation, and a balance of mind, body, and spirit.

REVIVE & RESTORE FROM HOLIDAY STRESS

\$240*

(Swedish Massage 60m and Reflexology 30m)

Experience relief from muscle tension throughout your entire body with this customized massage designed to stimulate circulation and promote tranquil relaxation. Followed by a reflexology session focusing on hands and feet to relieve aches and pains your extremities endure every day.

CALM AFTER THE CHAOS

\$150*

(Ultimate Calming Facial 60m)

Indulge your skin with a deluxe customized facial designed to calm and soothe irritated skin affected by the harsh winter elements. This luxurious facial features a cruelty free Matcha mask containing bio-nutrients from plants and minerals that rapidly relieves and soothes stressed skin.

Offers available through January 31st, 2026. All promotions are subject to availability and cannot be combined with any other offers, promotions, or discounts. Appointments are required. *Price includes gratuity.

Give the gift of exhale

A spa gift card is an invitation to slow down, restore balance, and begin the year feeling renewed.

Gift cards can be purchased at the spa or online.



THE SPA

AT EAGLEWOOD